



HHPF 43rd Annual Conference

September 24-27, 2025

University of Wisconsin, Madison, Pyle Center

***Core of Regenerative Medicine MSK Pain Treatment:
Prolotherapy & Perineural Injection Therapy***

Presented by



SCHEDULE



****** In support of improving patient care, the University of Wisconsin-Madison ICEP is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.



PRE-RECORDED EDUCATIONAL VIDEOS

OPTIMIZE LEARNING AT YOUR OWN PACE!

REVIEW PRE-RECORDED VIDEOS PRIOR TO COMING TO THE WORKSHOPS

- Your paid fees for the MAIN CONFERENCE (Thursday, Friday & Saturday) will include access to pre-recorded online educational videos on the following topics
- The pre-recorded sessions are not approved for CME Credit.
- It is **MANDATORY** that you review this material **PRIOR** to the conference to optimize your experience at the LIVE event

HHPF VIDEOS: ANATOMY, PALPATION, MARKING AND PROLOTHERAPY INJECTION TECHNIQUES

**6.5+
Hours**

TOPIC	PRESENTER	MINUTES
1. INTRODUCTION TO PROLOTHERAPY	Annette Zaharoff, MD	41:33
2. KNEE	Greg Hon, DO	52:31
3. HIP & ANTERIOR PELVIS	Brian Ralston, MD	60:00
4. ANKLE FOOT	Linh Vuong, MD	54:37
5. SHOULDER	Ripal Parikh, DO	45:29
6. ELBOW, WRIST, HAND	Tinh Vuong, DO, L.Ac.	43:47
7. CERVICAL SPINE	Bobby Nourani, DO	56:58
8. LUMBOSACRAL SPINE & POSTERIOR PELVIS	Joel Baumgartner, MD	40:13



PRE-CONFERENCE AGENDA

WEDNESDAY SEPTEMBER 24, 2025

A professional audiovisual team will record senior faculty during workshops for virtual attendees.**

MORNING

PERINEURAL INJECTION THERAPY

7:00 - 7:30 AM	Registration & Breakfast	
7:30 - 7:40 AM	Welcome Introduction	Annette Zaharoff, MD
7:40 - 8:10 AM	Introduction to Perineural Injection Therapy (PIT)	Liza Smigel, MD
8:10 - 8:40 AM	Pre & Post Perineural Injection Therapy Care	Stephen Cavallino, MD
8:40 - 9:10 AM	PIT for Upper Extremity Neuropathic Pain syndromes	Liza Smigel, MD
9:10 - 9:40 AM	BREAK (Optional Sponsor Exhibitions)	
9:40 - 10:10 AM	Live Demonstration Upper Extremity PIT	Eric Phillippi, MD
10:10 - 10:40 AM	PIT for Upper Extremity Neuropathic Pain syndromes	Liza Smigel, MD
10:40 - 11:40 AM	Live Demonstration Upper Extremity PIT	Eric Phillippi, MD
11:40 - 12:00 PM	Q&A	
12:00 - 1:00 PM	LUNCH (Optional Sponsor Presentation)	

AFTERNOON

DEXTROSE NERVE HYDRODISSECTION

1:15 - 1:45 PM	New Concepts with Dextrose Therapies	Aeneas Janze, MD
1:45 - 2:00 PM	Ultrasound Usage Trends in Dextrose Based Treatments	Liza Smigel, MD
2:00 - 2:30 PM	Ultrasound Guided Nerve Hydrodissection for Upper Extremity Neuropathic Pain Syndromes	Joel Baumgartner, MD
2:30 - 3:00 PM	Ultrasound Guided Nerve Hydrodissection for Upper Extremity Neuropathic Pain Syndromes	Joel Baumgartner, MD Eric Phillippi, MD
3:00 - 3:30 PM	BREAK (Optional Sponsor Exhibitions)	
3:30 - 4:40 PM	Live Demonstration Break-out Sessions	Eric Phillippi, MD
	Nerve Hydrodissection for Upper Extremity Neuropathic Pain Syndromes	Joel Baumgartner, MD Liza Smigel, MD
4:40 - 5:00 PM	EXPERT PANEL	HHPF Faculty

PRE-CONFERENCE ACCREDITATION STATEMENT



In support of improving patient care, this activity has been planned and implemented by the University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP) and the Hackett Hemwall Patterson Foundation (HHPF). The University of Wisconsin–Madison ICEP is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Pre-conference Credit Designation Statements

American Medical Association (AMA): 7 AMA PRA Category 1 Credits™

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education Units: 0.7 CEUs, or 7 hours

The University of Wisconsin-Madison, as a member of the University Continuing Education Association (UCEA) authorizes this program for 0.7 continuing education units (CEUs) or 7 hours.

Policy on Faculty and Sponsor Disclosure

It is the policy of the University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP) to identify, mitigate, and disclose all relevant financial relationships with ineligible companies* held by the speakers/presenters, authors, planners, and other persons who may influence the content of this accredited continuing education (CE). In addition, speakers, presenters and authors must disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation. For this accredited continuing education activity detailed disclosures will be made available onsite and prior to the start of the activity.

**Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by, or on, patients. The ACCME does not consider providers of clinical services directly to patients to be ineligible companies.*



PROLOTHERAPY LOWER EXTREMITY WORKSHOPS

THURSDAY SEPTEMBER 25, 2025

A professional audiovisual team will record senior faculty during workshops for virtual attendees.**

ALL DAY HANDS-ON WORKSHOPS: HIP, KNEE, ANKLE/FOOT

- **PALPATION, MARKING & ULTRASOUND WORKSHOP**
- **CADAVER PALPATION & ULTRASOUND GUIDED INJECTION WORKSHOP**

MORNING

7:00 - 7:30 AM	Registration & Breakfast
7:30 - 7:40 AM	Welcome Introduction
7:40 - 8:10 AM	Prolotherapy Safety
8:10 - 9:20 AM	Lower Extremity Workshop #1
9:20 - 10:30 AM	Lower Extremity Workshop #2
10:30 - 11:00 AM	BREAK (Optional Sponsor Exhibitions)
11:00 - 12:10 PM	Lower Extremity Workshop #3
12:10 - 1:10 PM	LUNCH (Optional Sponsor Presentation)

Annette Zaharoff, MD
David Wang, DO

WORKSHOPS

Attendees will rotate through all 6 workshops led by HHPF Faculty

AFTERNOON

1:10 - 2:20 PM	Lower Extremity Workshop #4
2:20 - 3:30 PM	Lower Extremity Workshop #5
3:30 - 3:45 PM	BREAK (Optional Sponsor Exhibitions)
3:45 - 4:55 PM	Lower Extremity Workshop #6
4:55 - 5:10 PM	Q&A

EVENING

5:30 - 6:00 PM	Mix & Mingle. Self pay bar
6:00 - 8:30 PM	HHPF ANNUAL AWARDS & FUNDRAISING BANQUET Cost included with Main Conference registration Space is limited so register early!



PROLOTHERAPY UPPER EXTREMITY & SPINE WORKSHOPS

FRIDAY SEPTEMBER 26, 2025

A professional audiovisual team will record senior faculty during workshops for virtual attendees.**

ALL DAY HANDS-ON WORKSHOPS: SHOULDER, ELBOW/WRIST/HAND, LUMBAR/SACROILIAC REGIONS

- **PALPATION, MARKING & ULTRASOUND WORKSHOP**
- **CADAVER PALPATION & ULTRASOUND GUIDED INJECTION WORKSHOP**

MORNING

7:00 - 7:30 AM	Registration & Breakfast
7:30 - 7:40 AM	Welcome Introduction
7:40 - 8:10 AM	Prolotherapy Pearls
8:10 - 9:20 AM	Upper Extremity/ Lumbar Sacroiliac Workshop #1
9:20 - 10:30 AM	Upper Extremity/ Lumbar Sacroiliac Workshop #2
10:30 - 11:00 AM	BREAK (Optional Sponsor Exhibitions)
11:00 - 12:10 PM	Upper Extremity/ Lumbar Sacroiliac Workshop #3
12:10 - 1:10 PM	LUNCH (Optional Sponsor Exhibitions/ Presentation)

Annette Zaharoff, MD
Adrian Gretton, MD

AFTERNOON

1:10 - 2:20 PM	Upper Extremity/ Lumbar Sacroiliac Workshop #4
2:20 - 3:30 PM	Upper Extremity/ Lumbar Sacroiliac Workshop #5
3:30 - 3:45 PM	BREAK (Optional Sponsor Exhibitions)
3:45 - 4:55 PM	Upper Extremity/ Lumbar Sacroiliac Workshop #6
4:55 - 5:10 PM	Q&A

WORKSHOPS

Attendees will rotate through all 6 workshops led by HHPF Faculty

EVENING

5:10 - 6:00 PM **MIX & MINGLE SOCIAL**



CUTTING-EDGE CONCEPTS, THERAPIES & RESEARCH

SATURDAY SEPTEMBER 27, 2025

A professional audiovisual team will be recording for the virtual audience.**

MORNING

CUTTING-EDGE CONCEPTS, THERAPIES & RESEARCH IN PAIN MANAGEMENT

7:00 - 7:30 AM	Registration & Breakfast	
7:30 - 8:00 AM	Research in Prolotherapy	David Rabago, MD
8:00 - 8:30 AM	Research in Dextrose Therapies	Dean Reeves, MD
8:30 - 9:15 AM	Fascia & Biotensegrity	Edward Stiles, DO
9:15 - 9:30 AM	BREAK	
9:30- 10:15 AM	Advanced Prolotherapy Cases	Yong Hyun Yoon, MD & David Wang, DO
10:15 - 10:45 AM	Stellate Ganglion Block	Sean Mulvaney, MD
10:45 - 11:15 AM	Superficial Cervical Block	Eric Phillippi, MD
11:15 - 11:45 AM	Prolozone	Marty Gallagher, MD
11:45 - 12:00 PM	Q&A	

2025 FACULTY

Nico Basson, MD
Joel Baumgartner, MD
John Broussard, DO
Stephen Cavallino, MD
Jonathan Chow, MD
Tricia Croake, MD
David de la Mora, MD
Jared Dubey, DO
Marty Gallagher, MD, DC

Adrian Gretton, MD
Jay Harms, MD
Sean Hesler, ND
Greg Hon, DO
Paul Johnson, DO
Andrew Kochan, MD
Sean Mulvaney, MD
Jim Nosal, MD
Bobby Nourani, DO
Carl Osborn, DO
Ripal Parikh, DO
Eric Phillippi, MD

David Rabago, MD
Brian Ralston, MD
Dean Reeves, MD
Liza Smigel, MD
Edward Stiles, DO
Jaehyun Shim, MD
Linh Vuong, MD
Tinh Vuong, DO, L.Ac
David Wang, DO
Ryan Wood, ND, DC
Yong Hyun Yoon, MD
Annette Zaharoff, MD

CONFERENCE PLANNING COMMITTEE

Jared Dubey, DO
Kay Weeden
Linh Vuong, MD
Tinh Vuong, DO
Annette Zaharoff, MD
Joel Baumgartner, MD
Julie Olson, RN, MS
Sarah Preston Hesler, ND

MAIN CONFERENCE ACCREDITATION STATEMENT



In support of improving patient care, this activity has been planned and implemented by the University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP) and the Hackett Hemwall Patterson Foundation (HHPF). The University of Wisconsin–Madison ICEP is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Pre-conference Credit Designation Statements

American Medical Association (AMA): 7 AMA PRA Category 20.75 Credits™

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 20.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education Units: 2.725 CEUs, or 7 hours

The University of Wisconsin–Madison, as a member of the University Continuing Education Association (UCEA) authorizes this program for 2.725 continuing education units (CEUs) or 20.75 hours.

Policy on Faculty and Sponsor Disclosure

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A decorative gold ribbon swirls around the top corners of the page, set against a dark blue background filled with numerous white and gold stars of varying sizes.

HHPF Annual Awards & Fundraising Banquet

Celebrating 56 years
OF HUMANITARIAN SERVICE

Pyle Center, UW-Madison
Thursday, September 25th, 2025
5:30 PM to 8:30 PM

Join us for an evening of celebration as we recognize the people who have contributed to HHPF to advance global health. Be inspired by stories of the lives we touch through HHPF service-learning trips. Support our humanitarian efforts through donations & silent auction.

REGISTER EARLY, SEATING IS LIMITED!

A collection of white and gold stars of various sizes scattered across the bottom portion of the page.